



# TYPE ONE NARCISSISTIC SUBTYPES



RECOGNIZING THE 27 TYPES OF  
NARCISSISM

## Self Preservation One **PURITANICAL FUSSBUDGET**

Judgmental, patrician, & stern. This subtype derives their sense of superiority by making others adhere to their strict moral & ethical standards & punishing or diminishing others they see as frivolous, unprincipled, or selfish. They can be highly self-serving, hypocritical, & unkind in their behavior. Can be demanding, cold, & prone to extreme rigidity.

*Self-Preservation: Focused on their immediate physical needs & often values frugality & modesty, while simultaneously peacocking or demonstrating obvious hypocrisy around wealth, status, greed, & pleasure.*

## Social One

### **MORALISTIC INQUISITOR**

Injudicious, rigid, & punitive. This subtype believes themselves morally superior & thus, positions themselves as judge & administrator of punishment. They hold rigid ideals, standards, & morals & may make a spectacle of their moral superiority. They may be spectacularly hypocritical and surprisingly snobbish. Can be demeaning, punishing & self-righteous.

*Social: Focused on reforming the social world to meet their moral or ethical standards. May sadistically enjoy exposing & punishing others' moral failings & misjudgments while being unable to handle criticism themselves.*



## Sexual One **ZEALOUS CRUSADER**

Fiery, audacious, & zealous. This subtype feels entitled to enact their moral & ethical principles upon their environment. Often inappropriate or bombastic, they believe they're morally & ethically perfect & push intimates to strive to meet their impossible standards. They can be incredibly jealous & possessive of their intimates & can be uncharacteristically emotional & explosive with close relations. Can be sanctimonious, arrogant, & rageful.

*Sexual: Focused on reforming & controlling their intimate relationships or close relationships to meet their internal standards. Believing themselves to be superior, they may be arrogant, overtly critical, & excessively demanding.*



# TYPE TWO NARCISSISTIC SUBTYPES



RECOGNIZING THE 27 TYPES OF  
NARCISSISM

## Self Preservation Two **ENTITLED CAREGIVER**

---

Demanding, histrionic & manipulative. This subtype believes themselves to be more valuable, supportive, & helpful than others & thus deserves special treatment & the satiating of their desires. They alternate between giving others what they believe they need & demanding (often covertly) that they receive the best money can buy. Can be dramatic, ingratiating, & prideful.

*Self-Preservation: Focused on their immediate physical needs & desires. They ingratiate & attach themselves to those who can give them what they want. Often highly acquisitive, spoiled, & selfish, they may superficially present themselves as loving & helpful yet keep score on what they've done for others.*

---

## Social Two

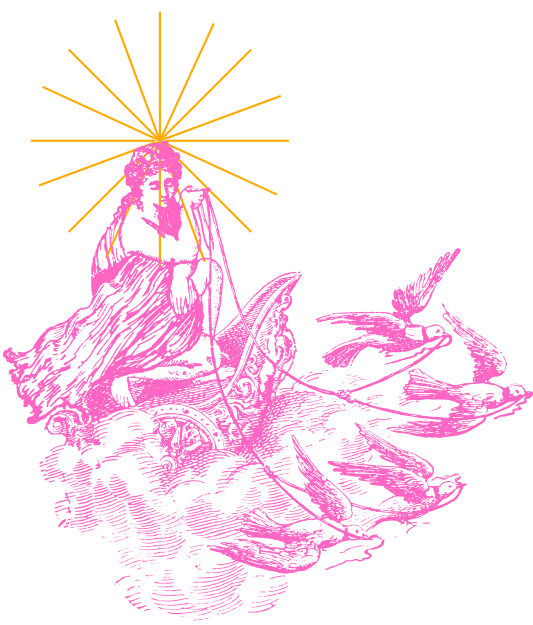
---

### **FLATTERING NETWORKER**

Seductive, flattering, & manipulative. This subtype strives to gain power & influence amongst those they deem important by ingratiating themselves. Highly ambitious & often charming, they believe they are integral to others' lives & thus, deserve to be recognized & rewarded for their support & attention. Can be falsely humble, cutthroat, & envious of those receiving the attention or praise they desire.

*Social: Focused on ensuring others see them as supportive, valuable, helpful, & instrumental. They are attracted to those in power positions for their sense of identity & utilize charm, offers of help or support, & manipulative flattery to amass influence.*

---



## Sexual Two **MANIPULATIVE SEDUCER**

---

Aggressive, seductive, & demanding. This subtype is the most aggressively manipulative type & uses their considerable charm, love-bombing techniques & adaptability to enchant others. They believe they shouldn't be denied anyone or anything they want & will temporarily use their adaptability skills to become the other's, ideal partner. Can be conniving, emotionally careless, & disingenuous.

*Sexual: Focused on becoming the object of the other's desire so they can gain power & control over chosen others. They may adapt their image to match people's fantasies, only to become demanding, angry, & domineering when others fail to recognize their seductive efforts. May be most controlling & histrionically dramatic with intimate bonds.*

---



# TYPE THREE NARCISSISTIC SUBTYPES



RECOGNIZING THE 27 TYPES OF  
NARCISSISM

## Self Preservation Three **Ruthless Workaholic**

---

Cutthroat, pragmatic, & materialistic. This subtype strives to ensure that they amass enough wealth & status to engender others' respect & admiration. Highly acquisitive, they believe they work harder & more efficiently than most others, & value money & efficiency over relationships. Can be greedy, deceptive, & often highly competitive, & equally successful.

*Self-Preservation: Focused on ensuring their wealth & physical possessions reflect their internal self-image of being successful, important & influential. Desires to surround themselves with people who are wealthy, influential, & equally competitive to buttress their grandiose self-image.*

---

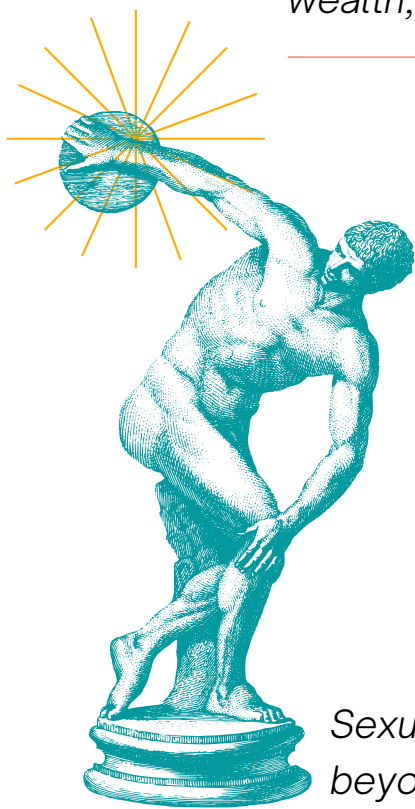
## Social Three

### **DISINGENOUS OPPORTUNIST**

Charming, superficial, & duplicitous. This subtype strives to gain success & influence through appearances & associations with those who mirror their grand self-image. Being the most status-conscious of all 27 subtypes, they need fame & popularity to feel worthy. Can be disingenuous, opportunistic, & are focused on style over substance.

*Social: Focused on aligning themselves with whomever or whatever is socially desirable. Preferring the company of the elite or famous, they may become obsessed with entering cliques or social groups that value celebrity, wealth, attractiveness & recognizable symbols of success.*

---



## Sexual Three

### **UNTOUCHABLE STAR**

---

Seductive, polished, & competitive. This subtype strives to be the image of sexual perfection & professional power to attract a partner who mirrors their focus on outward beauty & success. Often finds indulgence in sexual conquest & enjoys grooming partners to be their perfect companion. Can be controlling, rigid, & extremely vain.

*Sexual: Focused on ensuring they become someone beyond rejection by the object(s) of their affection. Can be unusually superficial & glib, & may utilize their considerable charm in the interpersonal arena to secure a partner that makes them look successful & desirable, by extension.*

---



# TYPE FOUR NARCISSISTIC SUBTYPES



RECOGNIZING THE 27 TYPES OF  
NARCISSISM

## Self Preservation Four **FUSSY MASOCHIST**

Dissatisfied, entitled, & exempt. This subtype feels entitled to excuse themselves from everyday/day-to-day details or responsibilities due to feeling extraordinary in their abilities &/or due to feelings of emotional overwhelm. Convinced that they suffer more acutely, they implicitly or explicitly demand that others tend to their emotional & material whims to counteract their discomfort. Can be complaining, demanding & emotionally manipulative.

*Self-Preservation: Focused on conserving their internal & external resources by controlling others with their emotional storms, depressions, or withdrawals. Can be highly acquisitive, aesthetically picky, & insensitive to others' needs, wishes, or problems.*

## Social Four

### **ENTITLED OUTCAST**

Snobbish, aloof, & critical. This subtype believes themselves intellectually, artistically, or otherwise exempt from “normal society.” Exaggerating their perceived specialness & defectiveness, they can be highly rejecting, judgmental, & dismissive of anything or anyone they believe is below their aesthetic or intellectual standards.

*Social: Focused on ensuring they position themselves above the group through displays of haughty judgment, derisive criticality & snobbishness. They are adept at aloof withdrawal or creating mysterious personas that others find compelling to keep people at a distance & make others feel inadequate or unworthy.*



## Sexual Four **TEMPESTUOUS DIVA**

Temperamental, audacious, & domineering. This subtype derives their sense of specialness by manipulating & demanding that their intimates mirror their specialness. Highly insecure, they emotionally manipulate others through false displays of empathy or performative insightfulness to gain control over others' emotions & psyches. Can be emotionally volatile, hateful, & deeply envious of others' gifts, talents, or successes.

*Sexual: Focused on ensuring that intimates track their every mood, emotion, & whim as an expression of their love & devotion. They may cultivate an image of being insightful, emotionally resonant, or spiritually impressive to garner others' attention, only to reject, criticize, or diminish the object of their affection later.*



# TYPE FIVE NARCISSISTIC SUBTYPES



RECOGNIZING THE 27 TYPES OF  
NARCISSISM

## Self Preservation Five **MISERLY MISANTHROPE**

Stingy, unemotional, & cantankerous. This subtype is the most misanthropic & overtly withholding of the 27 subtypes. Concerned with ensuring their inner & outer resources are not drained, they become unapologetically resentful of any demands on their time, money, energy, or resources. They want, above all else, to ensure their material survival through hoarding resources. Can be cold & insensitive or scrooge-like.

*Self-Preservation: Focused on ensuring they amass more than enough money or whatever resources they've deemed essential to their survival. They have little interest in human relationships & may go out of their way to expose or thwart expressions of camaraderie, generosity, or friendship out of disdain & fear that others will demand something they feel they cannot or refuse to indulge, mainly when it concerns money or resources.*

## Social Five

### **INTELLECTUAL ELITIST**

Status conscious, snobbish, & competitive. This subtype wants to be regarded as learned, intelligent, or intellectually powerful. They can seem 3ish in their attempts to gain power & influence. Concerned more with being the "knowledge holder" than popular or attractive, they can be incredibly unlikable, glib, & arrogant in their pursuit of intellectual status & power.

*Social: Focused on reaching the top of their chosen social sphere through demonstrations of their intellectual prowess or innate intelligence. They may only wish to associate those they've deemed intelligent enough to warrant their acknowledgment & are often attracted to professions or social spheres where they can be regarded as experts.*



## Sexual Five **DARK VOYEUR**

Secretive, remote, & dark-minded. This subtype strives to find an intimate with whom they can share & potentially realize their taboo sexual or emotional desires & fantasies. Preferring to keep their distance from chosen intimates, they may draw others in with intellectual or emotional insight & then desire to control their intimates without becoming too emotionally invested.

*Sexual: Focused on buttressing their inner sense of lack by becoming obsessed with intimates (or potential intimates) who can promise to satisfy their desires for ideal love (however dark or perverse). They may enjoy peripherally stalking or invading the privacy of others they're attracted to in order to avoid emotional entanglement or too many demands on their time or energy.*



# TYPE SIX NARCISSISTIC SUBTYPES



RECOGNIZING THE 27 TYPES OF  
NARCISSISM

## Self Preservation Six **DEFENSIVE PESSIMIST**

Negativistic, temperamental, & ambivalent. Demanding others walk on eggshells around their sensitivities, fears, & phobias, they can alternate between being emotionally erratic, blaming & unsure, or bold, demanding, & uncompromising. They disdain others' self-assuredness, confidence, and/or ease & thus, antagonize or diminish those they see as a threat to their security. Can be suspicious, argumentative, & reactive.

*Self-Preservation: Focused on their immediate security, comfort, & survival, they become highly rigid & controlling of those in their sphere of influence. This subtype believes that others should make their emotional & physical comfort, need for certainty, & avoidance of anxiety a priority. They often ingratiate & may disarm others with their superficial warmth or humor.*

## Social Six

### **AMBIVALENT UNDERMINER**

Obsequious, undermining, & provocative. This subtype aligns itself for (or against) a chosen group, cause, or institution & alternates between allegiance & rebellion. They desire to control & influence others out of a belief of their superiority but fear responsibility or blame. They quickly become envious of others' power, popularity, or influence in a group & strive to undermine or sow doubt to amass power. Can be dutiful, deceitful, & cagey.

*Social: Focused on finding security through a chosen group or affiliation, they may grow increasingly mistrustful of anyone who is not "like-minded." This subtype is the most prone to us/them orientation to life & may feel more emboldened to demonstrate their disdain, grandiosity, or feelings of superiority when backed by ideological, political, religious, or other affiliative support.*



## Sexual Six **OVERREACTIVE REBEL**

Reactive, posturing, & insecure. This subtype focuses on appearing beautiful, strong, fearless, & smart to attract a desirable mate. They may be entirely unaware of their anxiety & expect intimates to cater to their demands & insecurities & thus, look 8sh or 4ish. They alternate between vulnerability & extreme power-plays of control or love testing. Can be aggressive, adrenaline seeking & emotionally erratic.

*Sexual: Focused on the intimate arena & becomes obsessed with the partner as a source of security against their unacknowledged insecurity. They may be unusually controlling & engage in constant love-testing to force their intimates to prove their loyalty & love to them.*



# TYPE SEVEN NARCISSISTIC SUBTYPES



RECOGNIZING THE 27 TYPES OF  
NARCISSISM

## Self Preservation Seven **SELFISH HEDONIST**

Materialistic, gluttonous, & mischievous. This subtype is focused primarily on personal pleasure & enjoyment. They prioritize their needs, wishes, plans, & wants over most other people & can become highly aggressive or dismissive if people get in the way of their plans. They may enjoy debauchery in the guise of “fun,” at the expense of others' safety or comfort, particularly if they become bored. Can be hedonistic, impulsive, & insensitive.

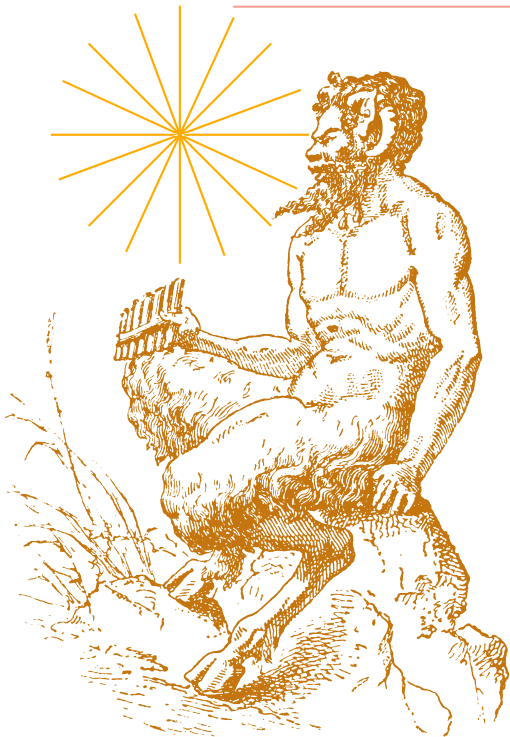
*Self-Preservation: Focused on acquiring sensual experiences, ideas, & possessions that keep boredom at bay. They greatly value money & security but may also be spontaneous & reckless with their resources. Relationships are seen to a pleasurable end, & they value their own novel experiences, pleasure, & freedom over others' emotions or concerns.*

## Social Seven

### **GLEEFUL CHARLATAN**

Slick, exaggerating, & charismatic. This subtype staves off fears of boredom or stagnation by enrolling others in their grandiose visions for the future. Often convincing & likable, they easily lie to support their ideas, plans, or schemes. They are skilled charlatans & may garner trust from others only to later evade or relinquish responsibility for details if their plans go awry. Can be false, over-confident & irresponsible.

*Social: Focused on their vision of an ideal plan or future & seeks to amass power & influence often while abdicating responsibility for details or consequences. Often quite skilled at gaining the trust of a group due to their positivity, they may be slower to reveal their grandiosity or arrogance.*



## Sexual Seven **FLIPPANT RAKE**

Captivating, noncommittal, & careless. This subtype seeks to relieve their constant boredom & inner scarcity through engendering intimate relationships & devotion from others without their corresponding commitment. Often highly suggestive & persuasive, they are blown about by their whims & are emotionally irresponsible. Can be flaky, erratic, & unethical.

*Sexual: Focused on securing intimate relationships that bolster their often-grandiose sense of themselves of being exempt from responsibility, commitment, or limitation. They promote relational & intellectual values & systems that are highly self-serving to justify their hedonism & need to be free from emotional ties or demands.*



# TYPE EIGHT NARCISSISTIC SUBTYPES



RECOGNIZING THE 27 TYPES OF  
NARCISSISM

## Self Preservation Eight **CYNICAL TYRANT**

Controlling, materialistic, & aggressive. This subtype focuses on their fear of vulnerability & weakness in the physical realm & ensures that they maintain complete control over all aspects of life. They are highly aggressive, typically grandiose, & unconcerned with others' feelings or sensitivity (particularly if they contradict their immediate needs.) They demand loyalty & obedience from others. Can be blunt, brusque & callous.

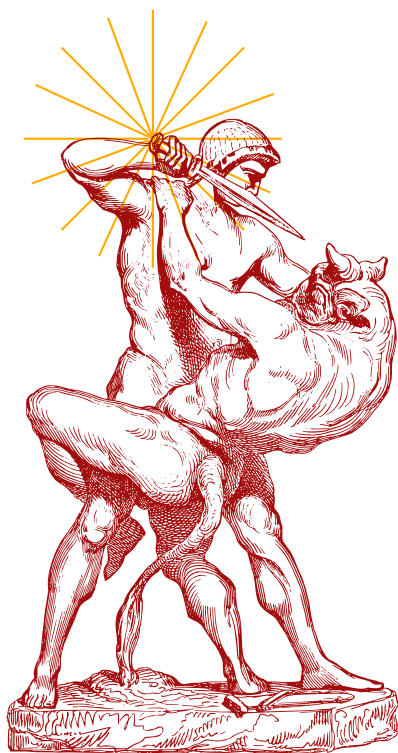
*Self-Preservation: Focused on ensuring their survival, this subtype uses their considerable power, force, & intimidation to amass resources. Never one to be without what they want or need, they will not hesitate to railroad or overpower anyone who gets in the way of their ultimate drives for power, money, or whatever other sensual desires may arise.*

## Social Eight

### **MAFIA DON**

Intimidating, influential, & overbearing. This subtype, above all else, desires power & control over their chosen social group. They consolidate & amass power by offering their protection in return for unyielding loyalty & devotion. By turns persuasive, protective, & threatening, they can make bold shows of their influence, status, power, or wealth. Can be power-hungry, flashy, & excessive.

*Social: Focused on ensuring their position in the group by amassing power & influence. Often attracted to power-positions, they easily know how to gain others' loyalty or respect, either through implied or explicit threats. They may be more reticent to show their rage but may use others to exact their revenge. Relationships are a form of power currency they use to gain more control over their environment.*



## Sexual Eight

### **CHARISMATIC BULLY**

Charismatic, bold, & uncompromising. This subtype wants to possess the object(s) of their affection wholly. They offer their protection & power in exchange for others' total submission & surrender to their dictates, whims, & demands. They are more emotionally aware than other 8s & use their charisma & audaciousness to engender admiration. Can be unreasonable, unscrupulous, & demanding.

*Sexual: Focused on seeing the effects of the power in the intimate, spiritual, or relational realms. They use their charismatic power to seduce those who need their protection, guidance, or help & then demand total control & loyalty regardless of whether such loyalty is reasonable or warranted. Often adopts flagrant relational double standards.*





# TYPE NINE NARCISSISTIC SUBTYPES



RECOGNIZING THE 27 TYPES OF  
NARCISSISM

## Self Preservation Nine **NEGLECTFUL GROUCH**

Neglectful, passive-aggressive, & grouchy. This subtype strives above all else to ensure and maintain comfort and ease. While less antagonistic than other narcissistic subtypes, they can become quite aggressive when others threaten their routines, pleasure-seeking, comfort, or security. They can be callous and dismissive of others' legitimate practical or emotional needs, while superficially appearing easygoing, relaxed, or laid-back. Can be irresponsible, selfish, & unexpectedly rageful.

*Self-Preservation: Focused on ensuring their own comfort, routines, and pleasure will be satiated with minimal obstruction or judgment. They can be incredibly selfish, stingy, & surprisingly aggressive when people attempt to push them to do anything they don't want to do, particularly if it interferes with their routines or the satiation of their appetites.*

## Social Nine

### **AMBIVALENT AVOIDER**

Placating, wishy-washy, & spiteful. This subtype appears amicable, kind, & easygoing, but they spend considerable energy trying to gain and maintain power, status, or influence with minimal effort. Often quite duplicitous, they use their good-natured personality to present as unassuming or harmless while constantly undermining or thwarting those who stand in the way of their aspirations. They may seem like everyone's friend but occasionally show bouts of snobbishness or uncharacteristic showboating. Can be backbiting, arrogant, & secretly ambitious.

*Social: Focused on ensuring their position, image, & power within the group by appearing amicable, conflict-avoidant, & mediating but often uses others as a means to an end. They can be incredibly backbiting, two-faced, & falsely humble to disarm others so they can reach their personal goals and aspirations.*



## Sexual Nine **UNASSUMING MANIPULATOR**

Alluring, unassuming, & manipulative. This subtype allays their fears of being disconnected from others by becoming a blank slate for others to project their desires. All the while, they aim to gain control and influence over others whom they fear may leave them. They are deftly manipulative & seductive in ensuring they're never abandoned, while they may be hypocritical & non-committal. Can be possessive, disingenuous, & dishonest.

*Sexual: Focused on appearing to erase themselves, their preferences, emotions, or opinions in the hopes of seducing someone who can distract them from their inner lack. They can become incredibly manipulative and angry when others rebuff their advances but can remain deceptively unassuming.*